Resident Meeting Minutes

Date: Wed. June 25, 2014 Time: 1:30pm Place: Rec. Room Attending: Fredi Young, Mary Tucker, Galen Insteness, Al Gordon, Barb Workman, Martha Howard, Martin Johnson, Percy Hope, Gene McGuire, Food Service Manager, Phil Welsh, Administrator, and Skye Workman, Acting ATII.

Minutes of the May meeting were approved as read.

Food Forum:

Gene is continuing to work hard at keeping the "catch of the day" a pleasant part of the menu. A few things behind-the-scenes that he is working on are overall presentation of the puree foods, nutrition supplements and solutions, and working with the cooks to educate about different ways to cook meals. Some of the featured meals from the last month were the D-Day celebration, Father's Day, and "First Day of Summer" BBQ. Gene also recognized and thanked Mark Klingler for his donation of 30 pounds of King Salmon recently.

Agenda Items:

Home happenings is set for Friday, June 27th at 1:30pm, honoring our CNAs. The Medvejie Salmon Bake, with travel via Allen Marine boat, will be held Friday, July 11th. The Boat leaves Crescent Harbor at 9:00am and returns at noon. We will be reserving a number of tickets for our residents to go, please let someone in Activities know if you're interested in attending. The cost is \$15.00 including the lunch.

Our annual Allen Marine Boat Cruise is set for Friday, July 25th. We will load up from the Forest Service Dock at 10:00am and return by 3:00pm. This trip is donated to the home, so everyone who would like to go is encouraged to take advantage of this trip!

The fundraiser that was held to raise money towards nurse education brought in \$257.75.

New resident, Martin Johnson, joins his wife, Bertha, on Ocean View Neighborhood.

New Business:

No new business

Phil's update:

There is a shortage in the Maintenance Dept. at this time, so we ask for your patience while we work on getting staff into the positions. Phil is working on putting together some education resources for staff. Materials from Teepa Snow and "Spirit of Life" will be funded from the Auxillary. The North Elevator replacement is still on the books, but the date has yet to be set, as with the door openers for access to the north wings and well area. Kristi Greinier has retired after 27 years of service, and Skye Workman is filling in for her for the time being.

Respectfully submitted, Skye Workman, Acting ATII



The Prospector

Sitka Pioneers' Home

| Sterra I toricors from | | | | | | |
|------------------------|------|--|--|--|--|--|
| Resident Birthdays | | | | | | |
| Nelson Frank | 7-06 | | | | | |
| Fredi Young | 7-08 | | | | | |
| Nina Bernhardt | 7-10 | | | | | |
| Terri Ballinger | 7-12 | | | | | |
| Roy Lawrence | 7-20 | | | | | |
| William Sallenbach | 7-23 | | | | | |
| Henriette Odell | 7-23 | | | | | |
| Sonya Teas | 7-26 | | | | | |
| Staff Birthdays | | | | | | |
| Shirley Rieta | 7-12 | | | | | |
| Heather Borcy | 7-13 | | | | | |
| Susie Nicolas | 7-20 | | | | | |
| Kelly Ferguson | 7-21 | | | | | |
| Anna Marie Ebueng | 7-22 | | | | | |
| Josie Ancheta | 7-24 | | | | | |
| Mary Ann Williams | 7-25 | | | | | |
| Janet Vidad | 7-27 | | | | | |
| Irene Ferguson | 7-29 | | | | | |
| Robert Alderman | 7-31 | | | | | |

July 2014

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Scuttlebutt...

Skye and the two other winners of the "Best Practices Award" from the National Certification Council for Activity Profes-



sionals hold up their certificates at the Symposium in Minnesota.



Brian Weddel and his wife, Stephanie, renewed their vows on June 21st! They have been married for 13 years! Congratulations and best wishes for your continued happiness!



Sitka, Pioneers' Home Sitka, AK 99835-7342

Honoring Our "Lifesaving" Maintenance Department



The "life-saving maintenance crew"...a badge of honor they wear proudly...responds 24/7/365 to a wide variety of issues at the Home. From cleaning up flooding hallways to silencing annoying alarms, the crew is always ready and willing to do anything and everything for the residents of the SPH. "Call me if you need me" is their mantra and, when called, the response is rapid, efficient, effective and always with the best interests of both the residents and the State of Alaska in mind.

The maintenance department of the Sitka Pioneer Home is extremely unique. Each member plays an integral part of a systematic approach to facility maintenance at the Home. What makes them extraordinary is the breadth of talent that has been assembled. Carpentry, masonry, electronics, plumbing, welding and more. The value of having such a team assembled can be measured in several ways including the quality of work performed, with attention to even the smallest detail, as well as a significant savings associated with the cost of projects, both major and minor. Having the capability to bring experienced, professional and talented internal resources to bear is an invaluable tool in maintaining the integrity of a facility that dates back to the early 1930's.



We will be honoring our Maintenance Crew at the July Home Happenings Celebration.



Helen Cunningham, volunteers her bookkeeping knowledge to take care of the resident recreation account and petty cash box. She is also very involved with the gift shop donating everything from crochet cotton washcloths to hand-crafted baby clothes. Thank you Helen, can't tell you enough how much!

Kathryn Snelling, continues to keep our ceramics program alive, from pouring molds, sanding greenware, to

loading and firing the kiln. All are very time consuming processes and Kathryn is here almost daily making it happen. Kathryn also supports the gift shop with her hand-crafted items. We don't know how she does it all, but we appreciate her so much!

Fredi Young, continues to work daily in the ceramic shop, sanding greenware and getting it ready to fire or painting bisque ware for the next firing of the kiln. Fredi is our "go to" person for the SPH Gift Shop. She manages the volunteer schedule for the gift shop and is instrumental in keeping the shop open.

Leslie Pellett, has been very busy painting ceramics for the gift shop. Check out his handiwork in the gift shop! Really cool, thank you Leslie!

Sitka Elks Lodge, once again, held a special lunch to honor our men. Our men enjoyed the awesome steaks and burgers, and each other's company! Thanks so much for your continued support.

Sitka Summer Music Festival, came in to play for us. Thank you for the inspiring classical music performance we look forward to with anticipation every year. Again, thank you.

Baranof Brewery, once again, donated a pony keg of their wonderful root beer for the root beer floats served at our "first day of summer" celebration. So yummy, thank you very much!

Fanella Lang, brought in a few of her folk instruments for a demonstration. It was so cool to learn about them and hear the beautiful music they make. They made so many different sounds, which is impressive considering they are all stringed instruments. Thank you Fanella for sharing part of your collection with us! It was really wonderful, Thank you!

Sheetka Kwaan Naa Kahidi Dancers, invited us to the community house for one of their most memorable shows yet! Among the skilled adult dancers there were several

children under 5, including 2 babies held by their mothers, who did a fantastic job keeping with the rhythm and movements of the dances! Thank you again for inviting us!

Marilyn and Charlene, made Father's Day special with their lovely floral displays at each table. Thank you so much for your extra effort in making the Gold Miner Diner sparkle on our gentlemen's special day!



EDEN MOMENTS



Martha H. and the tangerine tree she planted from a seed three years ago! Wow, it's getting so big! And the newer addition is an avocado tree also from seed!





Jayden brought smiles to the table when he built these fancy Lego towers!



Fredi makes a friend out by the green house. This little bird was hanging around and was so tame she was able to hold him on her hand. He made such a joyful moment for all involved!

Eden Principle 2: An Elder-centered community commits to creating a human habitat where life revolves around close and continuing contact with plants animals and children. It is these relationships that provide the young and old alike with a pathway to life worth living.



Allen Marine Boat Trip

The annual trip on the Allen Marine tour boat will be on Friday, July 25th.

The boat leaves the dock at 10:30 a.m. and usually returns by 3:00 p.m. The exact route of the cruise is dependent on the weather and at the discretion of the captain.

Allen Marine has donated this trip to the Pioneers' Home residents for many years. We have invited other seniors in the community to join us, as space allows.

All Pioneers' Home residents who want to go on the trip are asked to sign up with the recreation department.

The kitchen sends along a wonderful lunch to enjoy during the cruise. We are asking that volunteers pay for their lunches before the trip so that the kitchen crew can prepare enough for everyone. The cost of the lunch for non-residents is \$6.00, which can be paid ahead with coordination through Skye Workman, or folks are welcome to pack their own lunches.

The boat is wheelchair accessible and has comfortable seats and large windows for viewing. Binoculars are also provided.

Pioneers' Home staff and volunteers are available to help folks to the boat and several come along to assist during the cruise.

As space is limited, the volunteer help is coordinated by Skye Workman at 747-2103.

This is our yearly opportunity to get out on the water!



We loved our June gatherings!





















WELCOME MARTIN JOHNSON

Martin Hugh Johnson was born to Charles August Johnson and Sarah Jenny McGlashen on December 01, 1921. He was the fourth child of fourteen including Feckla, Hugh, Martha, Charlie, Johanna, Agnes, Robert, Florence, Emma,



Richard, Elsa, Alvira, and Howard. They had a wonderful childhood growing up in the village of Naknek, with a population of perhaps 100 people at that time. Their father was a caretaker at the cannery and they spent time salting fish as well as hunting and fishing. Martin attended grade school in Naknek but his teacher tutored him at night providing him the equivalent of two years of high school. Martin ran a trap line when he was twelve, and began hauling gear by dog sled for prospectors when he was not quite 15. That job lasted four years and he ran his own dog team. On one trip he and the rear half of the dog team fell through the ice on the Naknek River, and the front half of the team managed to pull them out. Martin was a bush pilot, and he fished Bristol Bay for 55 years beginning in a double ender sailboat in 1937. He was later honored for his pioneering fishing work by the Legislature, and honored as "Salty Dog," by the community of Bristol Bay where he led the end of the season parade. Martin married Bertha in October of 1951 and they later moved to Juneau where he worked on a pile driver for a couple years. He later did construction for 25 years building houses and doing finish carpentry while taking the summers off to fish Bristol Bay. Martin and Bertha have three children; Marty Johnson, and Susan McFadden of Sitka, and Eric Johnson of Anchorage. They also have five grandchildren. Martin is Aleut and part Danish and says that he used to speak a little Aleut, but not any Danish. Martin is a Presbyterian and is an ordained Elder at the Chapel by the Lake. He has been attending the Lutheran Church with family here. Martin and Bertha traveled across the US and Canada and have been all over Alaska. Martin loves to play Cribbage and Pinochle, and will be looking for partners. He likes to watch baseball, basketball and golf, and was an avid bowler, bowling a 692 Scratch game a week after turning 70. He also loves to golf and hopes to get over to Juneau to play some games. He says the Sitka course is too tough! Martin was a wood carver and did some beautiful pieces now treasured by his family and others. He loves to read especially mysteries and westerns, and watches old movies and sports on TV. He appreciates getting out and loves to visit. Martin plays guitar and sings Cowboy songs, and even yodels! He sang tenor for many years.

Please welcome Martin to the Sitka Pioneers'
Home and Ocean View Neighborhood!



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--|---|--|---|---|--|
| July | 2011 | 1 10:15am Walking & Picnic 1:00pm Nail Care w/Rolly 1:30pm Exercise w/Jill | 9:00am Shopping 10:30AM Episcopal/ Lutheran Chapel | 9:30am Stories w/Skye 10:00am Biblical Fun w/ Fredi | 4 | 9:30AM Catholic 1:30PM Projects |
| | | 5:30pm Folk Music | 1:30pm Bingo: RHouse 5:30pm Social w/Jill | 11:00am BOOTHS! 5:30pm Music w/Bonnie | 2:00pm Parade | - |
| 6 | 9:30am "Movers & Shakers" Exercise 10:30am 1-1's 1:30pm Bingo | 10:15am Walking & Picnic 1:00pm Nail Care w/Rolly 1:30pm Exercise w/Jill 5:30pm Folk Music | 9:30am "Movers & Shakers" Exercise 10:30AM Episcopal/Lutheran Chapel 1:30pm Bingo: RHouse | 9:00am Shopping 9:30am Stories w/Skye 10:00am Biblical Fun w/ Fredi 1:30pm Exercise w/Jill | 9:00am 9:00am Medvejíe Físh Hatchery Boat Tríp 1:30pm Outing or Games | 9:30AM Catholic 1:00PM Ice Cream Social Social |
| 13 | 9:30am "Movers & Shakers" Exercise 10:30am 1-1's 1:30pm Bingo | 15 10:15am Walking & Picnic 1:00pm Nail Care w/Rolly 1:30pm Exercise w/Jill 5:30pm Folk Music | 5:30pm Social w/Jill 16 9:30am "Movers & Shakers" Exercise 10:30AM Episcopal/ Lutheran Chapel 1:30 Resident Meeting 2:00pm Bingo: RHouse 5:30pm Social w/Jill | 5:30pm Music w/Bonnie 17 9:00am Shopping 9:30am Stories w/Skye 10:00am Biblical Fun w/ Fredi 1:30pm Exercise w/Jill 5:30pm Music w/Bonnie | 9:30am "Movers & Shakers" Exercise 10:30am 1-1's 1:30pm Home Happenings | 9:30AM Catholic 1:30PM Projects |
| 20 | 9:30am "Movers & Shakers" Exercise 10:30am 1-1's 1:30pm Bingo | 10:15am Walking & Picnic 1:00pm Nail Care w/Rolly 1:30pm Exercise w/Jill 5:30pm Folk Music | 9:30am "Movers & Shakers" Exercise 10:30AM Episcopal/Lutheran Chapel 1:30pm Bingo: RHouse 5:30pm Social w/Jill | 9:00am Shopping 9:30am Stories w/Skye 10:00am Biblical Fun w/ Fredi 1:30pm Exercise w/Jill 5:30pm Music w/Bonnie | Allen Marine Boat Trip 10:00am-3:00pm | 9:30AM Catholic 1:30PM Projects |
| 27 | 9:30am "Movers & Shakers" Exercise 10:30am 1-1's 1:30pm Bingo | 10:15am Walking & Picnic 1:00pm Nail Care w/Rolly 1:30pm Exercise w/Jill 5:30pm Folk Music | 9:30am "Movers & Shakers" Exercise 10:30AM Episcopal/Lutheran Chapel 1:30pm Bingo: RHouse 5:30pm Social w/Jill | JULI | FLOWER: SPUR JULY BIRTHSTO R | ONE: RUBY |